

MEDICAL HISTORY

Patient Name: _____ Guardian Name (if minor): _____

Date of Birth (D/M/Y): _____ Address: _____

Postal Code: _____ Email: _____

Home #: _____ Work #: _____ Cell #: _____

Best way to contact you: Cell Home Phone Text Email Employer/Occupation: _____

Dr. Name: _____ P#: _____ Specialists Name: _____ P#: _____

In the event of an emergency, whom should we contact? _____ P#: _____

How did you hear about our office? Walk-by Website Google Doctor Friend

Who should we thank for referring you: _____

Is English your first language? Yes No If no, do you need an interpreter? Yes No

Do you have any cultural or religious beliefs that might limit the delivery of oral health care treatments? Yes No

If yes, please explain: _____

What is your estimate general health? Excellent Good Fair Poor

2 QUESTIONS

- There are 5 reasons why a person resists going to the dentist; choose **ONE** that may be a reason for you.
Fear (How fearful, 1 (least) - 10 (most)) _____ Time Finances Trust No sense of urgency N/A
- Although all of these are important to your oral health which **ONE** of these are most important to you:
Cosmetic Function Comfort Longevity

DO YOU HAVE or HAVE YOU EVER HAD

- Hospitalization for illness or injury: Yes No If yes, please provide details: _____
- An Allergic reaction to: aspirin ibuprofen acetaminophen codeine penicillin tetracycline local anesthetic
metals (nickel, gold, silver) fluoride sulfa erythromycin latex other _____
- Do you have a history of any of the following that may require antibiotic coverage?
 - Prosthetic cardiac valves, including transcatheter implanted prostheses & homografts. Yes No
 - Previous infective endocarditis. Yes No
 - Prosthetic material used for cardiac valve repair, such as annuloplasty rings & chords. Yes No
 - Unrepaired cyanotic congenital heart disease or repaired congenital heart disease, with residual shunts or valvular regurgitation at the site of or adjacent to the site of a prosthetic patch or prosthetic device. Yes No
 - A cardiac transplant with valve regurgitation due to a structurally abnormal valve. Yes No
- Joint Replacement: Yes No If yes what joint? _____ When? _____

5.	Yes	No		Yes	No
Heart Attack - Date:			Emotional Disorders, Depression, Psychiatric Txt		
Cardiac Stent(s) - Date:			Epilepsy, convulsion (seizures)		
Stroke - Date:			Muscular dystrophy, multiple sclerosis		
High or Low Blood Pressure			Neurologic problems (ADD)		
Anemia or other blood disorder			Hepatitis - Type:		
Prolonged bleeding due to slight cut			Breathing or Sleep Problems (i.e. snoring, sinus)		
On blood thinners i.e. Coumadin, Adult Aspirin, Plavix (INR #: _____)			Unexplained sore throat, feeling like something is caught in throat or chronic hoarseness		
Emphysema			HIV/AIDS		
Tuberculosis			Colitis/Crohns		
Asthma: Where do you keep your inhaler?			Eating Disorder (Bulimia, Anorexia Nervosa)		
Thyroid Disease			Lupus		
Kidney Disease			Cold Sores		
Liver Disease			Head or Neck injuries		
Jaundice			Lumps or swelling in the mouth or neck area		
Cancer - Type:			Digestive disorders (i.e. Gastric reflux)		
Radiation/Chemotherapy			Drug Dependency - Type:		
Male Only: Prostate disorders			Consumer of alcohol - # times per week		

- Female: Osteoporosis? If **No**, have you ever been tested for osteoporosis? Yes No Take Fosamax, Fosamax plus D for osteoporosis or for any other reason? Prone to yeast infections

7. Any medical condition(s) or impending surgery not listed Yes No. If **yes**, please indicate:

List all prescribed **MEDICATIONS** & over-the-counter **SUPPLEMENTS** & **VITAMINS** that you are currently taking.

Drug	Purpose	Drug	Purpose

Prevalence & severity of gum conditions increases with the following risk factors. In fact, 90% of all systemic diseases have an oral manifestation & gum disease can affect major organs. Eliminating gum disease is especially important to the oral & overall health of the following patients (please indicate which apply):

TOBACCO USE: Yes No

Tobacco users are more likely to develop gum disease which is more severe & more difficult to eradicate. Gum disease itself has recently been linked with an increased risk for heart disease. Since tobacco users are already at an increased risk for heart disease & since gum disease only worsens that risk it is vitally important for tobacco users to do whatever is necessary to eliminate gum disease.

- **Current Tobacco User:** Yes No If yes, do you want to quit? Yes Contemplation Phase No

What form: cigarettes pipe chew marijuana e-cigarettes Other _____

How much/day _____ For How Long? _____

- **Previous Tobacco User:** Yes No If yes, when did you quit? _____

OTHER SYSTEMIC DISEASES

- **Diabetes:** Yes No

Diabetes is a well-known risk factor for gum disease. Research is confirming that untreated gum disease makes it harder for you control your blood sugar. Eliminating gum disease improves blood sugar control.

What type? Type I Type II. Date of last HbA1c: _____ . How is your diabetes control?

Good (<7% A1c/140 mg/dL) Fair (7-9% A1c/140-220 mg/dL) Poor (>9 A1c/>330mg/dL) Don' Know

- **Rheumatoid Arthritis (RA):** Yes No

There is a bi-directional connection between RA & gum disease. If you have arthritis you are at an increased risk for gum disease. Emerging research suggests, eliminating gum disease & keeping it at bay can lessen the crippling effects of arthritis.

- **Cardiovascular Disease** Yes No If yes, please specify _____

Gum disease is now a recognized risk factor for heart disease. If your gums are inflamed, bacteria from your mouth can get into your blood stream & lodge in your heart vessels. Eliminating gum disease can lower your risk for heart disease & stroke.

GENETICS

- **Family History of Gum Disease:** Yes No Don't know. If yes, who _____

Some people are genetically prone to developing gum disease even if they take care of their mouths. Identifying these individuals & getting them into early intervention treatment may help them keep their teeth for a lifetime.

- **Family History of Diabetes:** Yes No If yes, who?

Diabetes is a well-known risk factor for gum disease. Research is confirming that when left untreated gum disease makes it harder for you to control your blood sugar. Elimination of gum disease can improve your blood sugar control.

- **Family History of Alzheimer's Disease (AD):** Yes No Don't know.

Gum disease has been linked with an increased chance for developing AD later in life. If you have a family history, you are already at increased risk. Keeping gum disease at bay over your life span can lower your risk for developing AD.

STRESS: Is your stress level high? Yes No Are you currently going through any life altering events like Loss of job Divorce Death in Family Moving? Stress is a well-known risk factor for gum disease can lower your resistance to diseases like gum disease.

OVERWEIGHT: Are you overweight? Yes No List height _____ List weight _____

Being overweight is now recognized as a disease & a strong risk factor for gum disease. Obesity & gum disease are both risk factors for heart disease & diabetes. If you're over your ideal weight it is important to eliminate gum inflammation to lower risks for more serious health problems. $BMI = (703 \times \text{weight in lbs.}) \div (\text{height in inches} \times \text{height in inches})$. Overweight BMI = 25.0 to 29.9 & obesity >30.

MEDICATIONS: Some drugs can affect your oral health. Are you taking any of the following?

Dilantin Ca+ Channel Blockers Immunosuppressant's for organ transplantation Anti-depressants

HORMONES: Do any of the following apply? Puberty Pregnant Menopause Post-Menopause Nursing

The presence & lack of certain hormones during puberty, pregnancy & menopause may impact the gingival health. Puberty includes gingivitis & periodontitis, pregnancy includes pregnancy gingivitis & menopause includes menopausal gingivostomatitis, which manifests itself as dry or shiny, bleeding & ranges from abnormally pale to deep red.

Sleep Apnea: Have you ever been diagnosed with Sleep Apnea? Yes No

Lack of quality sleep & sleep apnea are very serious. Sleep apnea is linked to gum disease and many other diseases. Part of overall wellness is to keep gum inflammation to a minimum, especially if you have sleep abnormalities.

Vitamin D Status: Have you ever had your Vitamin D levels tested? Yes No If yes, how long ago?

Low vitamin D levels have been linked with higher risk for gum disease and many other diseases. Many people are chronically low in vitamin D and don't know it. It is important to optimize vitamin D levels if they are low to prevent disease.

I, the undersigned, certify that all the medical & dental information provided is true to the best of my knowledge, & I have not knowingly omitted any information.

Date: _____ Patient Name: _____